

THIS CA UPDATE HAS BEEN SENT TO THE FOLLOWING:
COUNTIES:

- Imperial
- Riverside/San Bernardino
- Los Angeles
- Orange
- Sacramento
- San Diego

LINES OF BUSINESS:

- Molina Medi-Cal Managed Care
- Molina Medicare Options Plus
- Molina Marketplace (Covered CA)

PROVIDER TYPES:

- Medical Group/ IPA/MSO**
- Primary Care**
- IPA/MSO
- Directs
- Specialists**
- Directs
- IPA
- Hospitals**
- Ancillary**
- CBAS
- SNF/LTC
- DME
- Home Health
- Other

Maternal Mental Health Screening Requirements, Guidelines, and Resources for Providers

This is an advisory notification to Molina Healthcare of California (MHC) network providers regarding Maternal Mental Health screening requirements, guidelines, and resources for providers.

Screening Requirements

Assembly Bill (AB) 2193 Maternal Mental Health requires a licensed health care practitioner who provides prenatal or postpartum care for a patient to offer to screen or appropriately screen a mother for maternal mental health conditions. "Health care practitioner means a physician and surgeon, naturopathic doctor, nurse practitioner, physician assistant, nurse-midwife, or a midwife licensed ... who is acting within his or her scope of practice."

Screening Pregnant Members

Molina requires the use of a validated tool or set of tools to assess the member's mental health, either in the prenatal or postpartum period or both.

Two widely utilized examples are:

- **Patient Health Questionnaire (PHQ-9) Form:**
<https://www.uspreventiveservicestaskforce.org/Home/GetFileByID/218>,
- **Edinburgh Postnatal Depression Scale (EPDS) Form:**
<https://www.fresno.ucsf.edu/pediatrics/downloads/edinburghscale.pdf>,

Claim Codes for Maternal Mental Health Screening

Molina requires healthcare providers to document Mental Health screening using the claim codes below:

USPSTF Recommendation Topic	CPT/HCPCS Codes
Depression screening Pregnant or postpartum	G8431 (positive) *With modifier HD for Medi-Cal members
	G8510 (negative) *With modifier HD for Medi-Cal members

Provider Follow-Up Responsibilities

- Pregnant/postpartum members with positive screening results may be treated by the Provider within the Provider's scope of practice.
- When the condition is beyond the Provider's scope of practice, the Provider must refer the member to a mental health provider within the Molina network. Molina providers may screen further for referrals into the County system of care if clinically indicated.
- Medi-Cal Members: Obstetricians (OBs), Primary Care Providers (PCPs), and Mental Health Providers in Molina's network must refer pregnant/postpartum members with significant impairment resulting from a covered mental health diagnosis to the County Mental Health Program. *Per DHCS APL 17-018, "Significant impairment in an important area of life functioning or a reasonable probability of significant deterioration in an important area of life functioning would qualify for referral to the County Mental Health Plan."* Additionally, when the member has a significant impairment and the diagnosis is uncertain, Molina providers must ensure the member is referred to the County MHP for further assessment.
- **Molina High-Risk OB Program:** In addition to treatment by the provider or referral to a mental health provider, practitioners may also refer to Molina's High Risk OB Program for case management support and follow-up. The program utilizes a collaborative team approach that includes risk screening and identification by Molina nurses, clinical case management for members with positive screenings, and member education to promote optimal pregnancy outcomes for Molina pregnant members. Please call the number below.

 Molina High Risk OB Program: (866) 891-2320

Resources

WeConnect – Molina Healthcare offers a HIPPA-compliant mobile application that utilizes behavioral therapy to support **Medi-Cal** members with mental health conditions (ie, depression, anxiety, disordered eating), and substance use disorders. Certified peer support specialists engage members via in-app messenger, phone, and video calls. Members are provided incentives for completing activities related to their care plan. See attached brochure for more details.

To refer, please complete the referral form at: <https://hipaa.iotform.com/213005264240137>. Once the referral is made, please provide the member with a copy of the brochure.

BeMomAware Train-The-Trainer In-Person Workshop – BeMomAware is a project of the Sacramento Maternal Mental Health Collaborative. The BeMomAware project aims to reduce stigma and increase access to maternal mental health care in Black/African American and Latina communities in Sacramento County through culturally responsive methods.

The next workshop, "Facilitating access to maternal healthcare for birthing people in Sacramento" is on May 19th and June 2nd.


The workshop is designed to equip you with the essential knowledge and skills to effectively discuss mental health and connect individuals to mental health resources in Sacramento County. Lunch will be provided. Please note that space is limited.

Register here to secure your spot at: <https://lu.ma/Bemomaware>, or see attached flyer.

Molina Health Education Materials

- Clear and Easy Booklets on Postpartum Depression (#17) and Stress and Depression (#3) are available free to members and providers online at:

*If you are not contracted with Molina and wish to opt out of the Just the Fax, email: mhcproviderjustthefax@molinahealthcare.com
Please include provider name and fax number and you will be removed within 30 days.*

- <https://www.molinahealthcare.com/members/ca/en-US/mem/medicaid/medical/coverd/hm/health-education-materials>
- Or by calling the **Member and Provider Contact Center:**
 Medi-Cal: (888) 665-4621, 7 am-7 pm, Monday - Friday

Online health education materials on a variety of topics, including pregnancy and postpartum depression, can be found at:

<https://www.molinahealthcare.com/providers/ca/medicaid/resource/Health-Education-Materials.aspx>

QUESTIONS

If you have any questions regarding the notification, please contact your Molina Provider Services Representative. Please refer to the phone numbers listed below:

Service County Area	Provider Services Representative	Contact Number	Email Address
California Hospital Systems	Deletha Foster	909-577-4351	Deletha.Foster@molinahealthcare.com
Los Angeles	Clemente Arias Christian Diaz	562-517-1014 562-549-3550	Clemente.Arias@molinahealthcare.com Christian.Diaz@molinahealthcare.com
Los Angeles / Orange County	Maria Guimoye	562-549-4390	Maria.Guimoye@molinahealthcare.com
Sacramento	Jennifer Rivera Carrasco	562-542-2250	Jennifer.RiveraCarrasco@molinahealthcare.com
San Bernardino	Luana McIver	909-501-3314	Luana.Mciver@molinahealthcare.com
San Bernardino / Riverside County	Vanessa Lomeli	909-577-4355	Vanessa.Lomeli2@molinahealthcare.com
Riverside County	Mimi Howard	562-549-3532	Smimi.Howard@molinahealthcare.com
San Diego / Imperial County	Briana Givens Carlos Liciaga Salvador Perez	562-549-4403 858-614-1591 562-549-3825	Briana.Givens@molinahealthcare.com Carlos.Liciaga@molinahealthcare.com Salvador.Perez@molinahealthcare.com

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Support routine

Meetings, group sessions, MAT, court appointments, and urine



Self-care routine

Everyday tasks like exercise, meditation, making dinner, or brushing your teeth.



Support in the Palm of Your Hand

The WEconnect mobile app can help empower your recovery. With WEconnect, you can:

- Create healthy routines and get daily reminders
- Track your progress as you reach your mental health and wellness goals

Works with All Recovery Programs

The WEconnect app accommodates all recovery programs, including support for maternal and postpartum depression, providing a beneficial experience for all.

Live Online Support Meetings

WEconnect offers online recovery meetings 6+ times a day through the app. They're open to all pathways of recovery and include weekly meetings for women, LGBTQIA+, harm reduction, grief support, and families and loved ones of those in recovery and more.

Download the app to get started

"Best app ever. Truly has helped me with my recovery. It gives me something to look forward to every day and it keeps me on routine."

– WEconnect member

"Thank you for this meeting. I love having a safe place to connect with other women that get it!"

–Molina member

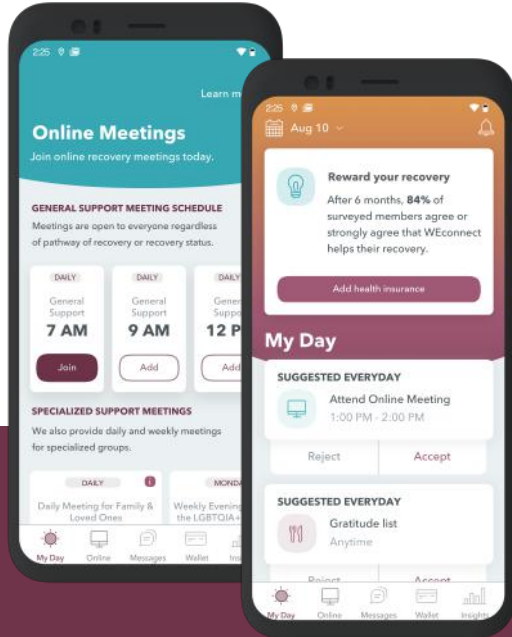
"WEconnect is great. I'm glad I was given the opportunity to be a part of the program!"

–Molina member

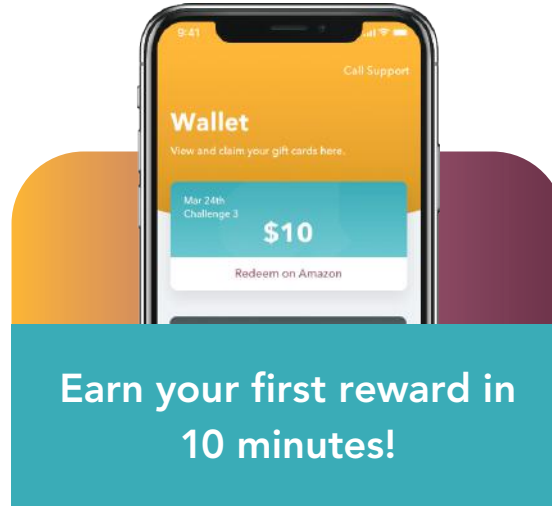
What Is WEconnect?

Born of our founders' experiences of recovery, the WEconnect app is a supportive tool that encourages folks on their wellness journey. It's the tool we wish we'd had!

Through the app, a certified Peer Support Specialist can work with you on a plan to reach your goals in recovery. When you follow through with supportive daily routines, you earn rewards! Why? Studies show that people who bolster their behavioral health have a greater chance of recovery. Any healthy habit you want to reinforce can be added to the app!



Disclaimer: Molina Healthcare complies with applicable State and Federal civil rights laws and does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.



Get Started

1. Download the WEconnect Health app from the Apple App Store (iOS) or Google Play Store (Android).
2. Create an account through the app
3. Enter your insurance information on your Molina CA insurance card
4. Add your support and self-care routines
5. Earn rewards!

"I love WEconnect! I love my routine, and I love the online meetings! I highly recommend WEconnect to all those in any form of recovery."

– WEconnect member



Reward Your Wellness



Presented by BeMomaware

MATERNAL HEALTH TRAIN THE TRAINER

WHO SHOULD RECEIVE THIS TRAINING?

*ANYONE WHO WORKS WITH PREGNANT AND
PARENTING FAMILIES IN THE FIRST YEAR
POSTPARTUM.*

LUNCH IS PROVIDED

MAY 19th & JUNE 2nd 2023
11:30AM - 1:30PM

Sacramento County - Conference Room 1

7001A -East Pkwy
Sacramento, CA 95823

SPACE IS LIMITED!

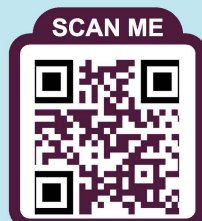
FACILITATING ACCESS TO
MATERNAL MENTAL
HEALTHCARE FOR
BIRTHING PEOPLE
IN SACRAMENTO



This training provides essential knowledge and skills to talk about mental health and successful connect to mental health resources in Sacramento County

More Information

www.Bemomaware.com



BEMomaware
POSTPARTUM AWARENESS & SUPPORT