

December 2023



By Molina Healthcare New York

December 2023

CDC's Let's Stop HIV Together (Together) campaign is the national campaign of the Ending the HIV Epidemic in the U.S. (EHE) initiative and the National HIV/AIDS Strategy. It aims to empower communities, partners, and health care providers to reduce HIV stigma and **promote HIV testing, prevention, and treatment.**

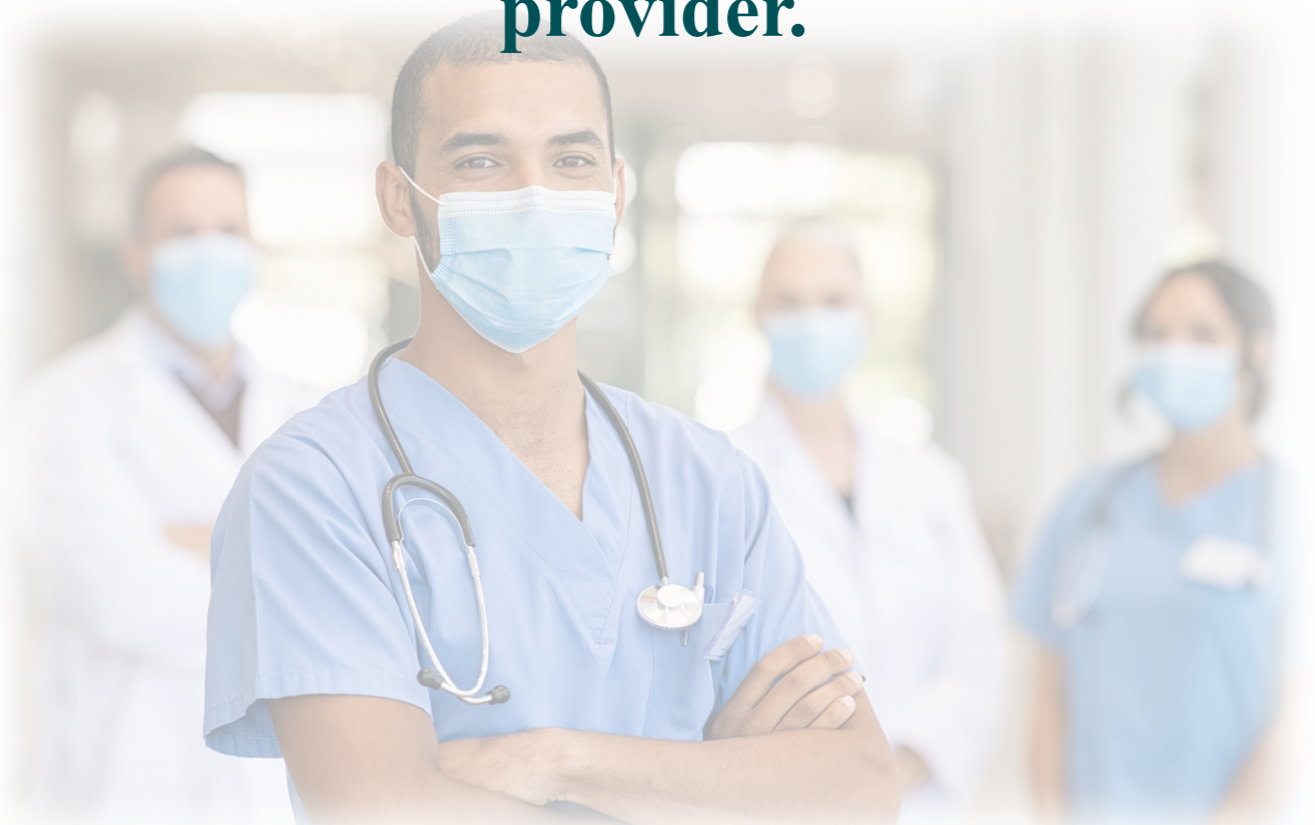
https://www.cdc.gov/stophivtogether/?s_cid=so_togetherconsumertk0176



December 2023

National Influenza Vaccination Week

It is important that all patients receive a strong recommendation for vaccination from their provider.



CDC suggests using the **SHARE** method to make a strong vaccine recommendation and provide important information to help patients make informed decisions about vaccinations:

SHARE the reasons why an influenza vaccine is right for the patient given his or her age, health status, lifestyle, occupation, or other risk factors.

HIGHLIGHT positive experiences with influenza vaccines (personal or in your practice), as appropriate, to reinforce the benefits and strengthen confidence in influenza vaccination.

ADDRESS patient questions and any concerns about influenza vaccines, including side effects, safety, and vaccine effectiveness in plain and understandable language. Acknowledge that while people who get an influenza vaccine may still get sick, there are studies that show that illness may be less severe.

REMIND patients that influenza vaccines help protect them and their loved ones from serious influenza illness and complications that can result in hospitalization or even death for some people.

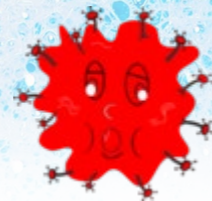
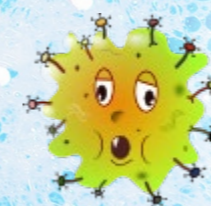
EXPLAIN the potential costs of getting influenza, including potential serious health effects for the patient, time lost (such as missing work or family obligations), financial costs, and potentially spreading influenza to more vulnerable family or friends.

December 2023

Making Handwashing a Habit in 2023

The 4 Principles of Hand Awareness:


1. Wash your hands when they are dirty and before eating.
2. DO NOT cough into your hands.
3. DO NOT sneeze into your hands.
4. Above all, DO NOT put your fingers into your eyes, nose, or mouth.



National Handwashing Awareness Week
December 3 -9, 2023



Will Sawyer, MD
International Infection Prevention Expert



Yes, the power is in your hands to prevent COVID-19 and the Flu!

1. Do Not Touch the T Zone
2. Handwash regularly
3. Wear a full face shield to protect yourself and others

Imagine how great it would be if you or your family were never sick again from a respiratory infection! What diseases are these you ask?

For example: Flu, flu-like illness, adeno virus, RSV, common cold, conjunctivitis, pharyngitis, tonsillitis, bronchitis, bronchiolitis, pneumonia, Coxsackie virus, Streptococcus, Pneumococcus, TB and more.

The T Zone is the only portal of entry into the human body for ALL respiratory infections!

Practicing the 4 Principles of Hand Awareness behaviors will ensure you "stay well". Imagine never having the flu again!

Thank you for helping to "Spread the word not the germs"!

Will Sawyer, MD

Henry the Hand Foundation
dr.will@henrythehand.org

The 4 Principles of Hand Awareness:

1. WASH your hands when they are dirty and BEFORE eating.
2. DO NOT cough into your hands.
3. DO NOT sneeze into your hands.
4. Above all, DO NOT put your fingers into your eyes, nose, or mouth.

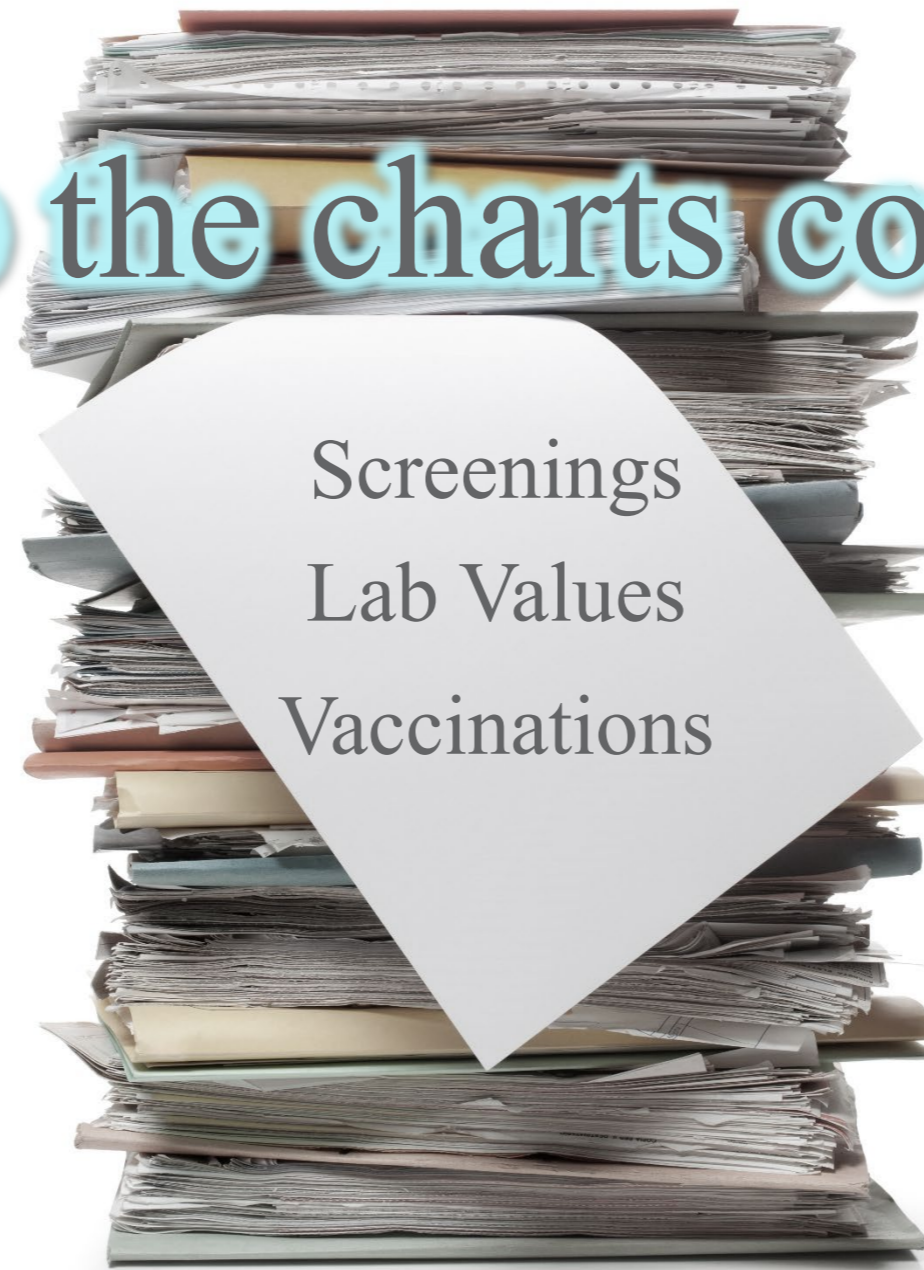
The 4 Principles of Hand Awareness have been endorsed by the AMA and AAFP.

National Handwashing Awareness Week is the first full week of December each year.

December 2023

Supplemental Data = Closed Gaps

Keep the charts coming!





Thank you!