

Urgent maternal warning signs

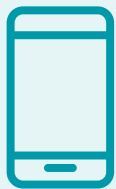
Stay alert. You know your body best. Speak up!

Urgent Maternal warning signs could indicate a life-threatening situation. Be aware of urgent maternal warning signs **during your pregnancy and for up to a year after delivery**. If you experience any of the symptoms below, call your doctor and seek medical care immediately.



- Severe nausea and vomiting
- Vaginal bleeding or loss of fluid during pregnancy
- Dizziness or fainting
- Extreme tiredness
- Severe stomach pain that won't go away
- Baby movement stopping or slowing
- Chest pain or fast heartbeat
- Thoughts about hurting yourself or your baby
- Seizures
- Severe headaches that won't go away
- Leg swelling, redness, or pain
- Extreme swelling of hands and/or face
- Fever above 100.4°F (38°C)
- Changes in vision
- Trouble breathing

This list may not cover every symptom you might have. If you feel like something isn't right, or you are not sure if your symptoms are serious, talk to your healthcare provider. Be sure to tell them if you are pregnant or were pregnant within the last year.



You can call Molina's 24-hour Behavioral Health Crisis Line at **(800) 818-5837** for help in a behavioral health crisis situation.

You can also call Molina's 24-hour Nurse Advice Line at **(888) 275-8750**. Our nurses can help you 24 hours a day/7 days a week. **If you are in an emergency situation, call 911 or go to your nearest emergency room.**