

Women's Health Screenings

What are health screenings?

A health screening is a medical test or exam that doctors use to look for a disease. Screenings may help find problems early, when they are easier to treat. Here's a look at important health screenings for women.

Annual Checkup Appointment

All ages

Visit your doctor each year to discuss health issues and get any needed health screenings.

Dental Exams

All ages

Schedule a dental exam every 6 months to help keep your teeth and gums healthy.

Chlamydia Screening

All ages, if sexually active

Chlamydia is a common Sexually transmitted Infection (STI). Ask your doctor about a chlamydia screening or other STI screenings. Left untreated, STIs can cause other health problems.

Cervical Cancer Screening (Pap Test)

Ages 21-64

Talk to your doctor about getting a Pap test every 1 to 3 years.

Need answers to health questions?

Talk to a nurse 24/7.

Call **(888) 275-8750, TTY:711**

For questions about Molina Healthcare,

call **1 (888) 999-2404, TTY:711**

Colorectal Cancer Screening

Ages 45-75

(or sooner if you have a family history of colorectal cancer). Talk to your doctor about the various screening options. The most common test is a colonoscopy.

Breast Cancer Screening (Mammography)

Ages 50-74

Talk to your doctor about getting a mammogram every year.

Bone Density Test

Ages 67-85

Ask your doctor about bone density testing to check for osteoporosis. Osteoporosis is a disease that makes bones more fragile and breakable.



Men's Health Screenings

What are health screenings?

A health screening is a medical test or exam that doctors use to look for a disease. Screenings may help find problems early, when they are easier to treat. Here's a look at some important health screenings for men.

Annual Checkup Appointment

All ages

Visit your doctor each year to discuss health issues and get any needed health screenings.

Dental Exams

All ages

Get a dental exam every 6 months to help keep your teeth and gums healthy.

Chlamydia Screening

All ages, if sexually active

Chlamydia is a common Sexually transmitted Infection (STI). Ask your doctor about a chlamydia screening or other STI screenings. Left untreated, STIs can result in serious health problems for you and your partner. Your doctor can recommend which screenings best protect you both.

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Colorectal Cancer Screening

Ages 50-75

(or sooner if you have a family history of colorectal cancer). Talk to your doctor about the various screening options. The most common test is a colonoscopy.

Bone Density Test

Ages 67-85

Ask your doctor about bone density testing to check for osteoporosis. Osteoporosis is a disease that makes bones more fragile and breakable. It is not only a "women's health" disease. Men are also at risk for osteoporosis.

