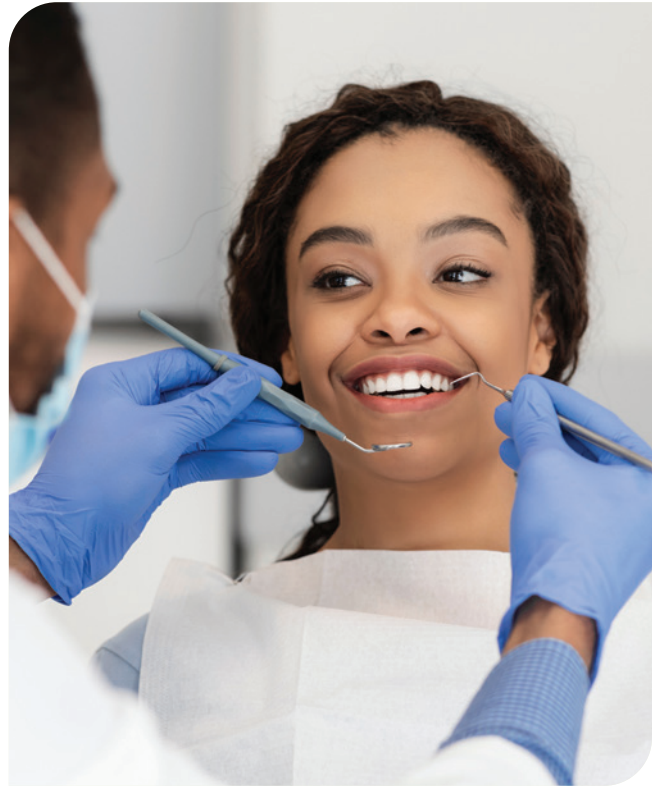


Caymiska ilkaha ee loogu talo xubnaha Molina

Dhammaan Daryeelka Caafimaadka Molina ee Wisconsin Medicaid SSI/Xubnaha Badgercare Plus waxay leeyihiin caymiska ilkaha.

Sida loo helo adeega bixiyaha daryeelka ilkaha

- Haddii aad ku nooshahay Milwaukee, Kenshoa, Ozaukee, Racine, Washington, ama Ismaamulada Waukesha:
 - Ka soo wac Adeegyadeena Xubinta **(888) 999-2404** (TTY: 711), Isniin-Jimce 8 a.m. – 5 p.m.
 - Ama, booqo molinaproviderdirectory.com/wi.
- Haddii aad ku nooshaha dibadda aagagan:
 - Wac **(800) 362-3002**
 - Ama, booqo www.forwardhealth.wi.gov oo raac tallaabooyinkan:
 1. Riix link-ga Xubnaha ama astaanta ku jirta bartamaha qeybta bogga.
 2. Hoos u deg oo riix bogga Ilaaha.
 3. Riix link-ga Hel Adeeg Bixiyaha.
 4. Barnaamijka, dooro BadgerCare/Medicaid.



Ma u baahan tahay inaad baabur u raacdo dhakhtarkaaga ilkaha?

Ka wac Maamulaha NEMT ee gaadiidka caafimaadka xaaladda degdeg ahayn ee Wisconsin **(866) 907-1493** (ama TTY 711) haddii aad u baahan tahay in laga caawiyo in lagu geeyo ama laga soo qaado xafiiska dhakhtarka ilkaha.

Muhiimada baaritaanada joogtada ah ee ilkaha

Ilko caafimaad qabo waxay muhiim u yihiin carruurta iyo dadka waaweyn oo da'walba leh. Ma ogtahay in qofka weyn uu isku celcelisan ahaan leeyahay 32 ilig? Si kastaba ha ahaate, boqolkiiba afartan dadka ka weyn da'da 65 ma lahan ilko dhammaystiran. Ilkahaagu waa inay noloshada cimriyaan, marka si wanaagsan u daryeel iyaga!

Maxaad ka filan kartaa booqashada ilkaha?

- Baarista ilkaha iyo raajada si looga baarayo ilkaha suus, cudurka ciridka iyo dhibaatooyinka kale ee caafimaadka afka
- Nadiifinta ilkaha si looga saarayo daamurka iyo huurada
- Baarista kansarka afka
- Waxbarashada dabeecadaha nadaafadda wanaagsan ee afka
- Talooyiinka cuntada si loo joogteyo caafimaad qabka & ciridka

Imisa jeer ayaad qabsanaysa ballanta baaritaanada ilkaha?

Waa inaad booqataa dhakhtarkaaga ilkaha ugu yaraan hal jeer sanad kasta. Waxaa laga yaaba inaad u baahato inaad marar badan aado.



Su'aalo?

Ma u baahan tahay in lagaa caawiyo helida adeega bixiyaha daryeelka ilkaha?

Naga soo wac Isniinta – Jimcaha, (888) 999-2404 (TTY: 711) ama booqo molinahealthcare.com/wi.