

Prevent cancer, get screened today!



All women are at risk for cervical cancer. In the early stages, you may not have signs or symptoms.

The most important thing you can do to help prevent cervical cancer if you are age 21-65 is to have cervical cancer screenings (also called Pap smears or HPV tests). This screening can help spot the virus that causes cancer early. According to the Centers for Disease Control (CDC), cervical cancer can be prevented or cured if found and treated early.

Stop cancer before it starts and contact your doctor today about scheduling a cervical cancer screening!



Need help finding a doctor or have questions? Call Member Services at **(888) 999-2404** (TTY: 711), Monday-Friday 8 a.m.-5p.m. CST.



Need transportation? Already have a car or a ride? You can schedule a ride or get reimbursed for gas to appointments! Call MTM at **866-907-1493** or scan the QR code to learn more.



4 reasons to get a Pap smear:

1. They are free.

As a Molina member, you can get Pap smears at no cost to you. You can even get free transportation to your doctor or get reimbursed for gas.

2. They can save your life!

According to the American College of Obstetricians and Gynecologists (ACOG), cervical cancer has decreased by 50% over the past 30 years due to regular cervical cancer screening.

3. You only have to get a cervical cancer screening every 3-5 years (depending on your doctor's recommendation).

According to ACOG, it usually takes 3-7 years for cancer to develop, so screenings are not normally recommended yearly.

4. Screening is easy!

A Pap smear takes just a few minutes. While it may be uncomfortable, it should not be painful, so let your doctor know if it is. Ask your doctor to walk you through each step in the process. You can stop the screening at any time. When scheduling your cervical cancer screening, you can also ask for a female OB/GYN or doctor if it makes you more comfortable.