

BENEFITS OF WORKING

By working and having a job, I can:

SKILL LEARNING



- Learn new skills & improve the skills I already have
- Feel a sense of purpose & pride in what I do
- Build my sense of confidence so I can better advocate for myself
- Use a job coach less often as I get better at my job
- Create personal routines that help me do a good job at work
- Become more comfortable doing new & different things

SOCIAL



- Meet new people
- Become more active in my community
- Have new friends & coworkers to do things with
- Discover more things that I'm interested in
- Increase the number of people who I know & who care about me
- Feel pride in my job & in myself

HEALTH



- Be more active
- Feel better about myself
- Improve my health, both physical & mental
- Stay busy & have full days

FINANCIAL



- Live more independently
- Earn my own money & pay my own bills
- Have more options for my future
- Still receive benefits & support I need through programs like IRIS

HOW WOULD WORKING HELP ME?

Ready to start looking for a job? Ask your IRIS Consultant about TMG's *Path to Employment* & other resources that can help you in your job search.