

IRIS Consultant Biography

Consultant Name: Lauren Forseth
Company Name: TMG
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Work History (starting with most recent)

Name of Agency	Date of Employment	Job Title
TMG	2/19/2018	IRIS Consultant

Care Responsibilities

Your TMG IRIS consultant is your partner as you create a plan that meets your needs and stays within your IRIS budget. Your TMG IRIS consultant can connect you to resources in your area, and will be a great source of information for any questions you have about the IRIS program. In a self-directed program like IRIS, you decide who provides your support and services and when they happen. You may have natural support from people in your life, or you may choose to purchase the support you need from an agency or someone that you hire directly. Your TMG IRIS consultant will be there to talk through these decisions with you, and will help you put a plan in place that reflects your choices.

Educational Background

Name of Institution	Major/Degree	Degree Obtained	Date Obtained
University of Wisconsin-Oshkosh	Bachelor of Science - Human Services	Yes	5/2004

Credentials

Name of Certification / Accreditation	Certifying Agency	Date Certification was Obtained
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Specialties (e.g., working with autism, the elderly, employment for people with disabilities or youth in transition, mental health, experience with assisted technology)

Prior to coming to TMG, I worked for many years with adults who have intellectual disabilities, adults with an Alzheimer's/Dementia diagnosis, adults with physical disabilities, as well as adults working through chronic mental health issues. I have extensive experience with community resources, assistive technology, vocational resources, and youth in transition.

County/Region I'm familiar with

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Languages or Communication Skills

English

I'm comfortable with pets in the home

Yes

More about me

How do you Partner with people to 'clear the path ahead'?

I feel that it is important to truly listen to a person and get to know what is most important to them in their life. Partnering with someone is helping them overcome any obstacles that may be in their path, and assisting them in living their best life while accomplishing their goals.

What's your favorite thing about being an IRIS consultant?

My favorite thing about being an IRIS Consultant is being a part of a program that promotes self-direction and self-determination, which allows a person to have control and independence over what their goals, care and life will look like.

What past experience prepared you to become an IRIS Consultant?

Prior to coming to TMG, I worked as a Care Manager for eight years, and worked with many diverse groups and populations. My primary focus was working with adults with varying abilities to ensure they were connected with community resources as well as helping them meet their goal of staying in their own homes for as long as possible.

What do you enjoy doing in your free time?

In my free time, I enjoy spending time with my husband and children, being with friends and family and getting outside and being active as much as possible!

