



**“I am the  
BOSS of my DAY.**  
I would have  
little-to-no say if I  
couldn't self-direct.”

**-Mike, TMG IRIS  
Participant**

## What is **SELF-DIRECTION?**



Self-directing your long-term care means **choosing how you receive services and who you receive them from.**

In Wisconsin's Include, Respect, I Self-Direct (IRIS) program, you have the choice and control to hire people or agencies that you want, and pay them using a monthly IRIS budget.

This gives you the freedom to choose people that you **know and trust**, rather than being assigned care providers. Because you know your needs best, you direct those supports to help you reach your goals.

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**Local. Experienced. Resourceful.**



# What Makes the TMG IRIS Consultant Agency Unique?

Back in 2008, when the State of Wisconsin started the IRIS program, TMG was the first IRIS Consultant Agency (ICA). Today, TMG is the largest ICA, partnering with thousands of people in the IRIS program.



TMG is certified by the state to serve every county in Wisconsin. Hundreds of TMG IRIS Consultants live all over the Badger State, so you'll rest easy knowing you'll get a **local, well-connected partner** to help you self-direct.



## Here's what some people have to say about their TMG IRIS Consultant:

"My TMG IRIS Consultant has helped me reach my goals in many, many ways.  
**She has been amazing!"**

*-Stacy,  
TMG IRIS Participant*

"Our TMG IRIS Consultant does whatever it takes to get us to  
**'Yes, this can happen.'**"

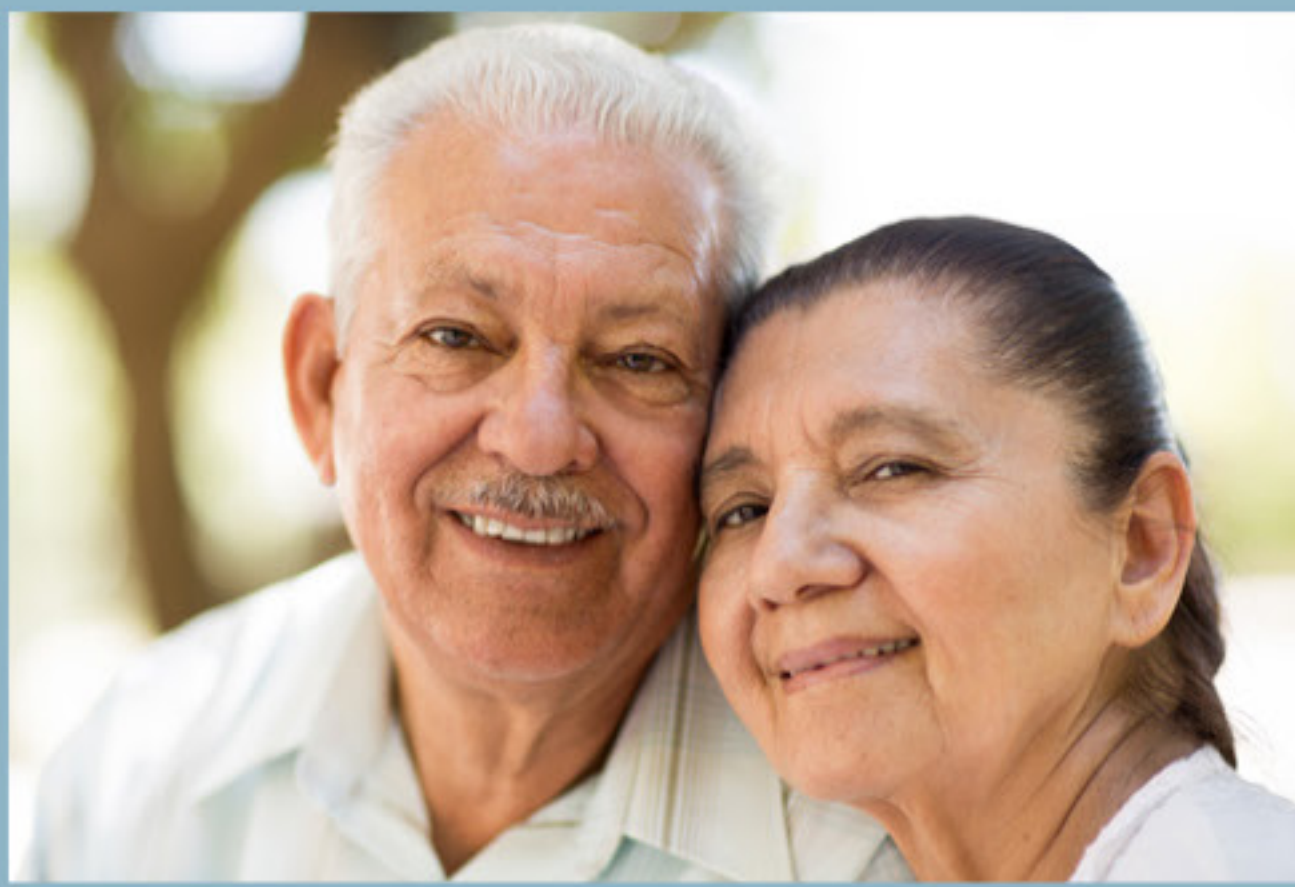
*-Julie, Mother of  
TMG IRIS Participant*



# Your Self-Direction Partner: A TMG IRIS Consultant

One of the benefits of self-direction is choosing your IRIS Consultant. Your dedicated Consultant meets with you in your home a few times a year, and is always available to you by phone or email.

Because **your Consultant lives nearby**, he or she knows all about the resources and supports available in your community. Your Consultant will teach you about the IRIS program and how it works. And together, you'll build a plan that helps you achieve your unique goals.



**Here's what to expect during your first few weeks in the IRIS program. Your Consultant will help you:**

- ✓ Identify your specific goals;
- ✓ Connect with resources and providers in your community;
- ✓ Develop your services and supports plan based on your goals;
- ✓ Learn about being an employer to the individuals you wish to hire or how to find services from an agency.

Your Consultant will **get to know you as a person**, and meet the people in your life who love and support you. Your personal team of supports works best when everyone works together on your behalf!



# Getting Started

To learn more about your long-term care options, please contact your Aging and Disability Resource Center. If you choose the IRIS program, you'll have a partner who is focused on your goals.

Your goals are in  
**FRONT OF YOU.**

IRIS is  
**BEHIND YOU.**

Your IRIS Consultant Agency is  
**BY YOUR SIDE.**



v. (844) 864-8987  
e. [IRISinfo@tmgwisconsin.com](mailto:IRISinfo@tmgwisconsin.com)  
w. [tmgwisconsin.com](http://tmgwisconsin.com)



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